

# Fear

Fear is different for each individual being  
One person's fear could be another's strength and vice versa  
It doesn't matter if your biggest fear is being left behind, being in the dark, loosing some loved one or we believe we will never be loved the way we know we deserve.  
Fear drives some people to become the very best person they can possibly become  
While for others it drives them to become a shell of their past self.  
What we do when we are afraid defines the very existence of our being suppressing our true selves forming the mold of the very essence we are to become.  
When fear is met with curiosity it can easily be defeated.  
But, when fear is met with ignorance it begins to fester and spread becoming stronger trapping us in a prison we built for ourself.  
That is why it is important to never be closed minded to the things that scare us and we need to ask ourselves what it is that causes our fears to manifest within us.  
If it is knowledge of the unknown than we must learn about it so its shadow cannot vast us into darkness any longer.  
If it is fear of acceptance than we must analyze the differences within ourselves and weigh pros with cons.  
If it is fear of loosing a loved one then we should tell them we love them everyday.  
If it is fear of loosing a friend than we should remind them of how important they are to us.  
If it is fear of loosing ourself than we have to be aware of who we once were and who we wish to transform into.  
If it is fear of what needs to be done than we need to dig deep inside our soul to gather the courage and spirit to do the right thing.  
It is the little things that mostly bring joy into our lives.  
If we remain in a state of constant fear than we will miss out on more than the little things that bring us happiness in our daily routine making us the being we once used to be.  
So, in order to preserve the being that God intends us to fully be we must confront our demons face to face, whether we want to or not in order for us to remain truly whole not living life in fear.

- SERAPHIEL

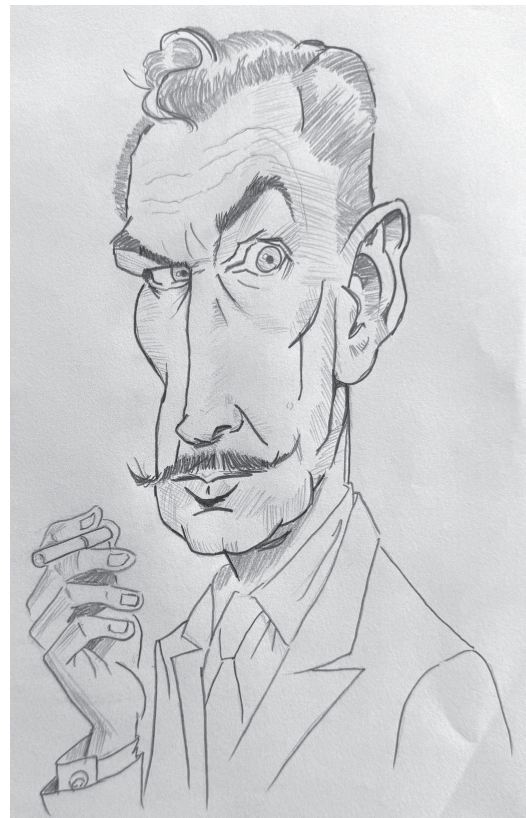
## BE STRONG ...

When life dears a person setbacks, best way to deal with them is to be resilient. Succumbing is the worst scenario to ponder and resort to. So we should always be prepared and ready. Because setbacks are always going to cross our way and test our resolve.

So it is shortsighted indeed on our part to expect a smooth sailing in life. The more ready we are as we live the more we enjoy life. And so being resilient is the key for a happy life. Any shortcuts will undoubtedly cause more problems than solving them.

It is really up to us to prepare for an event or a problematic circumstance. Stand up, face up to them and push them aside. The faster we surmount them the quicker we resume our journey. AND SO BE STRONG AND NEVER SUCCUMB.

- TONY G.



Drawing by Khari

# STREET VOICES

**St. Francis Breadline**  
Franciscan Bread for the Poor  
COMMUNITY NEWSLETTER

**V5 N27 ■ JULY 2025**

If you have any content to share for our newsletter please see one of the breadline staff. **We are in need of content such as a poem, lyrics, writing, thoughts, questions, image of your artwork or anything uplifting or informative.** Anyone who contributes content for our newsletter will receive a \$10 gift card.

**The St. Francis Breadline and this publication is made possible by the Our Lady of Guadalupe.**

## FRANCISCAN 360 IS OPEN!

**WHAT:** Case Management, Computer Access, Mailing Address, Health Clinic

**WHERE:** 144 W. 32nd Street

**WHEN:** Monday - Thursday, 9am - 4pm  
Scheduled appointments only on Friday from 9am - 4pm

**WHO:** All are welcome!

**NEW:** Art and Guitar classes, Work space available  
Tuesday 9am - 11am

**Good Morning!** This week we have poetry from Stryker, writing from Jane Farmer, writing from Tina Spence, writing from Seraphiel, writing from Rodney Wise, poetry from Gregory Spears, writing from Demore Wright, writing from Garrett Smith, writing from Tony G., and art work from Jim C., and Khari.

LAMENTATIONS 3:22-24

*The steadfast love of the LORD never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness. "The LORD is my portion," says my soul, "therefore I will hope in him."*

**Be the first person to correctly answer all three trivia questions and win a gift card.**

Minnesotan baseball commentator Halsey Hal was the first man to use what sacred mammal expression to express awe?

What "D" word refers to the minimum depth of water a boat needs to float? The word can also be used to refer to the event when a pro sports league selects amateur players.

Since he pitched 749 games in his 22-year career (including a perfect game in 1904), which MLB player has an award for great pitchers named after him?

**Answers to last weeks trivia questions**

Which planet is closest to the sun? Mercury

Where is the strongest human muscle located? Jaw

Which is the only body part that is fully grown from birth? Eyes

**A**fter the flood that occurred in the book of Genesis. God had made a promise that he wouldn't destroy man or flood the earth again. Even tho man went back to his evil ways, God held on to his promises. He made a way out with sending His only begotten Son Jesus to this earth to save Man. (John 3:16). Just like there is a Heaven for all who choose to follow Christ. (Acts 16:31). There is also a place that JESUS describes in the Bible as flaming fire, and Gnashing of teeth. That place is called "HELL". Both places are very REAL. That is the love Gift that God gives to mankind so that he would be spared. So, if you don't know Jesus as your personal Lord and Savior? I would inform you that , you should try to get to know him today.

~ RODNEY WISE





Beneath the golden sun's warm gaze,  
Summertime dances through endless days.  
Laughter ripples by the sparkling bay,  
Sweet breezes chase the worries away.

Fields of amber, flowers in bloom,  
Sun-kissed evenings chase the gloom.  
Ice cream melts, children play,  
Barefoot on sandy shores we stay.

Fireflies twinkle in twilight's hush,  
Stars emerge in a velvet crush.  
Memories etched in golden hue,  
Summertime, forever true.

A season of joy, of love, of light,  
Holding the heart through day and night.

- BY STEVEN CONTI, -A.K.A. STRYKER



### "The World's Famous Coney Island Boardwalk"

A jazzy apartment in Manhattan  
On the second floor of a five-floor  
walk-up building  
Ping, ping and ping ricochet rabbit just  
bouncing the walls,  
When the sun comes up and the sun goes  
down, you shouldn't still be inside  
Like a caravan of wares and a wind mill  
like a cherry on top.  
Hitting the heat from grey concrete  
streets to ride the iron horse  
A grand arrival reveals the world's famous  
Coney Island in Brooklyn New York  
From the Cyclone to Nathan's hot dog and  
the ocean side boardwalk  
Early sunrise cart wheels on beach  
Rainbow umbrellas shades the fun, the  
food and reading in the sun  
"Mom fix me a plate, please" .....  
My response; "Oh now, you know me..."  
on the boardwalk bench to see the  
fireworks at nigh fall  
Soaking in suds to get the sand out of  
places you wouldn't believe

- T.SPENCE

## The Wiser I Grow

The sun climbs high, a daily, golden guide, And with  
each dawn, new wisdom takes its stride.

The younger self, so certain, bold, and bright, Knew  
but a sliver of the coming light.

I've walked through valleys, where the shadows creep,  
And scaled the peaks, where silent sec sleep. Each  
stumble, rising, each hard-won embrace, Carved  
deeper lines of understanding trace.

The world unfolds, a book of endless lore, And every  
page reveals a little more. The quiet whisper, in the  
rustling leaves, A deeper truth the soul at last receives.

or God has sown a path, a hidden thread, Through  
every joy, and every tear I've shed. A gentle pull,  
though often felt so slight, Guiding my steps toward a  
truer light.

The more I learn, the less I claim to know, A humble  
truth, like rivers softly flow. The vastness seen,  
expands beyond my sight, And humbles pride with its  
unending might.

So let the years their patient lessons bring, And on this  
path, my grateful spirit sing. For with each dawn, and  
fading, twilight gleam, I walk the path, fulfilling God's  
own dream.

-GARRETT SMITH



Drawing by Jim C.



I Gave her the moon  
She wanted the stars  
Wear nice dresses  
Drive fancy cars  
You think my love  
Is some kind of joke  
But it aint no joke  
If I go broke  
I think I need  
To be alone  
To figure what I want  
And on my own  
In the meantime  
Find someone else  
I can be broke and alone  
All by myself

- GREGORY SPEARS



Happiness is where we  
find it, but rarely where  
we seek it. No one can  
see their reflection in  
running water, it is only  
in still water that we can  
see our true self

Taking on too much too  
fast will lead to confusion  
and mistakes. Align  
yourself with experts  
and make decisions that  
promote opportunities,  
not struggles to maintain  
control.

I believe that a man's  
worth is determined not  
by the path he has taken,  
but by the decisions he  
has made along the way.

-DEMORE WRIGHT



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- GARRETT SMITH

## The Fight Against Evil

Many challenges we face in life are direct consequences of previous  
choices we've made. While we are, oftentimes, in control of  
the paths we take and the lives we lead, there are also times when  
circumstances out-of-our-control dictate our options and, thus, our  
environment. In life, you may sometimes find yourself seemingly having  
to claw your way out of situations created by the malicious intentions  
of others. There are quite a few malignant personalities in the world  
who enjoy making life harder for others. It is crucial that no matter how  
much abuse is hurled at us from these certain types of individuals,  
that we continue to fight the good fight and continue putting in the  
necessary (and seemingly never-ending) hard work required to leave this  
world a better place than we found it. Challenge those with iniquitous  
objectives on their plans and ensure they are met with resistance at  
every turn. Never allow the wicked-doers of the world to accomplish  
their missions unopposed. Even if you are unsuccessful in your attempts  
to stop their pursuits, they will at least be made aware of the opposition  
against them. Stand up for, not only yourself, but others as well when  
faced with injustice. Use your voice to speak out against the various  
transgressions you are met with on a daily basis. Fight back even harder  
when the powers that be retaliate against you with threats and unjust  
consequences. Never allow the fire inside of you to burn at the hands  
of others and allow your light to shine even brighter when nefarious  
characters take measures to dim it.

- JANE FARMER