Hello From Saint Francis 360 Computer Room. I can Honestly say I am A Believer in the way you can Change Your life The way Coming Io the Saint Franciscan Breadline has Changed Mine. For More Than 15 Years, I have been Homeless Battling Addiction to Crack.

I am not a Saint or a Sinner I was introduced to Drugs Marijuana at the age of 9 Years Old. My Father use to smoke in his Condominium I was residing in with him. I was Raped in my Dad's Condominium for 365 Days.

I was ten years old when the Torturous Abuse Stopped.

Coming to the Breadline when I was 25, or Maybe older I regained My Sobriety and was 640 Days clean of drugs and Alcoholic Beverages.

There was a Dark Spirit Harboring over the Earth and the Lord said, Let there be light and it was so. So he saw this was good and he rested.

On day two the lord said I saw this was good on day one now low let me divide day from night. That was on day two. The lord saw this was god and he rested.

On day three the lord said, I saw day from night and night from day let me divide the sun and the earth and make vegetation for all of the earth to bear seed from each tree for food and nuts for growth. The lord saw this was good and he rested.

On the fourth day on day the lord said I shall take dust from the ground to form a man and out of this man I will take his Right Rib and make a woman for him to be fruitful and become many. The Lord saw this was Good and he rested.

On day Five the lord said I have Created the Earth and on the Sabbath we Shall keep it Holy That was on the Sixth Day. The Sabbath. The lord said I will make this Day Holy the Seventh Day Sunday .For all.

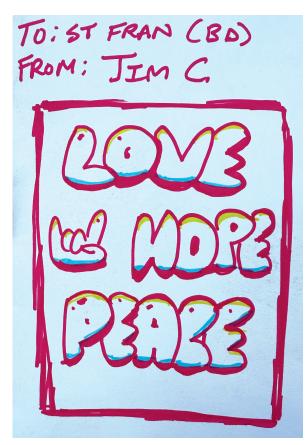
Thank You St. Francis Breadline For Saving My Life. Your 365 Year Round Daily 7 a.m. Food Service to the Penn Station Food District has helped me.

-WITH LOVE CYNTHIA MITCHELL

THE STORY #PASSWORDSANDCODES

WHY? IS IT SO IMPORTANT FOR THESE PASSWORDS AND CODES IS THE WORLD REALLY AT A HIGH ALERT THAT THESE THINGS ARE IMPORTANT TO THE COMPUTERS THAT WE ALL USE. SO WHY DO YOU NEED SO MUCH OF IT ?#EMAIL PASSWORDS, PASSCODES. WELL YES FOR HIGH INTELLIGENT INFORMATION FOR THE U.S MILITARY .IS THE WORLD AT RISK FOR ADUCTION FOR SOME SORT OF ENCOUNTER. THAT WE MUST PROTECT YOURSELF WITH ALL PASSCODES? ONE FOR THE JOB ONE FOR YOUR HOME ONE FOR YOUR VEHICLE DON'T THIS SEEM AS A BIT MUCH FOR ANYONE? YES, WHAT IS THE BIG SECRET THAT WE ARE KEEPING? THE TALK OF THE DYSON SPHERE DO WE NEED SOMETHING LIKE THIS? THE #ENEGRY IS TO MUCH TO PAY #PAY FOR< IN THE FIRST PLACE WHEN THE ENEGRY CLEARLY COME FROM THE SUN.THE WORLD IS IN **#OVERPAYMENT AND I JUST WANT TO KNOW WHY?** WHAT WILL BE THE ANSWER?

- (HONESTY) DENSITY CAMBRIDGE SANCHEZ



Drawing by Jim C.



St. Francis Breadline Franciscan Bread for the Poor COMMUNITY NEWSLETTER

V5 N20 MAY 2025

If you have any content to share for our newsletter please see one of the breadline staff. We are in need of content such as a poem, lyrics, writing, thoughts, questions, image of your artwork or anything uplifting or informative.

Anyone who contributes content for our newsletter will receive a \$10 gift card.

The St. Francis Breadline and this publication is made possible by the Our Lady of Guadalupe.

FRANCISCAN 360 IS OPEN!

WHAT: Case Management, Computer Access, Mailing Address, Health Clinic

WHERE: 144 W. 32nd Street

WHEN: Monday - Thursday, 9am - 4pm Scheduled appointments only on Friday from 9am - 4pm

WHO: All are welcome!

NEW: Art and Guitar classes, Work space available Tuesday 9am - 11am **Good Morning!** This week we have trivia questions provided by Edward Gibbs, poetry from Henry, writing from Rodney Wise, Minister Cora Shaw, poetry from Izzy and two anonymous contributors, writing from Mitchell, Honesty, and Cynthia Mitchell, art work from Khari, Jim C., and an anonymous contributor.

PSALMS 42:11

Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.

Be the first person to correctly answer all three trivia questions and win a gift card.

Who was the first black player to lead a black college to win an integrated national championship in basketball and Knicks hall of fame(r)? (Hint: he won three straight Championships).

Who is the only basketball player to win the M.V.P. award in the finals but lost the championship?

What heavy weight fighter is considered the "greatest"?

Answers to last weeks trivia questions.

Hosting football, hockey, and baseball (respectively), in what noncoastal US city will you find Nissan Stadium, Bridgestone Arena, and Hawkins Field? Answer: Nashville

Who is the all-time leading scorer in NBA history?

Answer: LeBron James

Which MLB player was nicknamed "The Bambino"?

Answer: Babe Ruth

- TRIVIA CONTRIBUTED BY EDWARD GIBBS



To be a giving person is a gentle art,
A heart that seeks to play a selfless part.
It's sharing with open hands and open heart,
let's scatter kindness, like seeds in the wind
For giving is not just about what we give away,
But the warmth, the care, and the hope we display.
Giving is the greatest act of kindness
And it always comes back.
No one has ever become poor from giving.
Thank God for always giving and forgiving.

- HENRY





Before I became a Christian, I really didn't know anything about the Bible and salvation. I thought like many others today, our good works will save us from God's wrath. "Sure, I'm a good person, I don't hurt anyone, I mind my own business, I'm not perfect but I try to do the best I can and God sees all of that." BUT, as I heard the Gospel of truth and I gave my Life to Jesus Christ, I started studying the word of God and hearing what salvation was all about, why Jesus came here to do what he was called to do, it resonated with me that I am a sinner. (Read the whole book of Romans) My good deeds are as filthy rags. There is NO good deed that can bring you in to fellowship with God. "There's none righteous no not one" Romans 3:10, as the scriptures say, We are born into sin. True repentance, and receiving Jesus as your Lord and Savior is the ONLY WAY!!!

- RODNEY WISE



REVELATION 4, 2025

AND GOD SHALL WIPE AWAY ALL TEARS FROM THEIR EYES; and there shall be no more death; neither sorrow, no crying, neither shall there be any more pain; for the FORMER THINGS ARE PASSED AWAY.

The great City 11. having the Glory of God: and her light was like unto a stone of most precious, etc. 12. And had a WALL great and high, and twelve Gates and at the Gates Twelve ANGLES. 14. And the WALL of the City had twelve Foundations. 15. And he that talked with me had a golden reed to measure to measure the city and the gates thereof, and the Wall thereof.

And they shall bring the Glory and honor of the nations into it. And it shall bear it's manner of fruit and leaves which represents HEALING OF THE NATIONS and there shall be no more CURSES. THINKING IT, ACCEPTANCE AS IT IS WRTTEN, BUILD MY WALLS, as it is our Lives are not without God's Divine purpose and plan for his provision, protection, Divine Healing and Guidance. As spiritual Heirs of his Promise, America's Nations, our Inheritance we oblige ourselves to this VISION, as wisdom in God's word / guidance with support of President, Leaderships, and Government. When the Righteous are in Rule a City, Nation Rejoice. "BUILD MY Wall.

- MINISTER CORA SHAW



In life, there are up's and down's. Navigating it all depends on one's will and determination. Personal growth certainly plays a key role in the endeavor. Developed people seem to handle tings in a more effective way. They tend to be more aware of what they are facing, and react differently as a result. They are more apt and equipped; whereas the less informed get swamped by the current, and most don't get out of it.

And so, we, to a certain extent, dictate the course of our fate. Succumb to life's down's or face up to them, push them aside, and soldier on. Its up's are for the taking. The faster we get them, grab on to them, the faster we are likely to turn the page and enjoy what it belongs to us.

Focusing is the name of the game. Don't take your eye off the ball. You will get there, and you will enjoy what you have sought after all along. It's yours now. Well done.

-ANONYMOUS

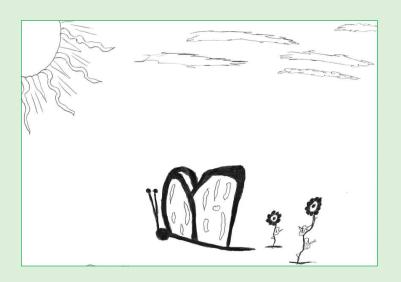




I am very grateful for receiving a breakfast all to kindness blessing from St Francis church when I arise in the morning I can sure of being served by the the hands that PREPARED WHEN TIMES GETS ROUGH DURING UNCERTAIN TIMES IT MAKES A GREAT impact in my life not really comparing America with other countries that doesn't have the advantages.

-MITCHELL





I am the wind.
I ride the wind.

I float in the air, I spread my wind and fly.
I am graceful; gentle.

My beauty is in my different colors and ways. The butterfly can be found in many different cultures and places.

I float by without a care in the world.

I live in peace.

Many watch me.

As I dance on the flowers.

I sometimes land on hands and give gentle kisses.

I spread my wings out to show my many colors.

The sun makes me sparkle.

The magic of nature rest safely in my heart.

Next time you see me ponder my many beauties.

Love is pure.

Watch as time and clouds float by. Swiftly float by.

- ANONYMOUS

A bright way to start a day And it's the month of may I wake up thinking about what to do Wondering where should I go And I flow like the best Also Have more than the rest Who are against me My art is like Etsy Im a prize itself With or without wealth Sometimes by myself So Lets get together and celebrate Have some cake **Enjoy good things** Nice wings Nice beings **Enjoy coffee beans** A bright way to start a day

-IZZY



Drawing by Khari