

FROM: JIMC.

"PIKA-POLITICS"

(Happy Easter)

125 Jan. S (Laboration and Parker)

Cartoon by Jim C.



You thought you had me alone
With my head in my hands
Thinking of nothing but you
But you are wrong
I think of my life and how
sweet life is
And how I have someone in
my life that loves me
His name is Jesus Christ
And he is my rock
So go on and hate me I don't
care
He loves me

-ATW





# Tough Times

Times are getting bad out on the streets and Everywhere else so remember to be extra patient and kind to strangers

Just because someone has more than you it doesn't mean they aren't going through hard times as well

Especially now with the way the world is falling on tough times

Say a prayer for them and wish them well Because that kindness will be repaid to you double remember we are all God's children

-ANONYMOUS





## St. Francis Breadline Franciscan Bread for the Poor COMMUNITY NEWSLETTER

**V5 N18 APRIL 2025** 

If you have any content to share for our newsletter please see one of the breadline staff. We are in need of content such as a poem, lyrics, writing, thoughts, questions, image of your artwork or anything uplifting or informative.

Anyone who contributes content for our newsletter will receive a \$10 gift card.

The St. Francis Breadline and this publication is made possible by the Our Lady of Guadalupe.

#### FRANCISCAN 360 IS OPEN!

**WHAT:** Case Management, Computer Access, Mailing Address, Health Clinic

WHERE: 144 W. 32nd Street

WHEN: Monday - Thursday, 9am - 4pm Scheduled appointments only on Friday from 9am - 4pm

WHO: All are welcome!

**NEW:** Art and Guitar classes, Work space available Tuesday 9am - 11am **Good Morning!** This week we have writing from Jane Farmer, Laura, and Pamela, poetry from Izzy, Stanley Johnson, and Stryker, writing from Rodney Wise, Reginald G., ATW, and an anonymous contributor, artwork submitted by an anonymous contributor and Jim C.

Isaiah 54:10

Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed," says the LORD, who has compassion on you.

Be the first person to correctly answer all three trivia questions and win a gift card.

When was Netflix founded: 1997, 2001, 2009, 2015?

How many keys does a classic piano have?

What happened on July 20th, 1969?

#### Answers to last weeks trivia questions

What was the name of the crime boss who was head of the feared Chicago Outfit? Al Capone

Which powerful Mongol ruler conquered a vast empire stretching from Asia to Europe? Genghis Khan

Which of the following sauces is NOT traditionally vegan: hoisin, Worcestershire, mustard, or wasabi? Worcestershire

ive thanks to the Lord for he is good, his love endures forever. For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future. I thank the Lord everyday because he has helped me in so many ways, like waking up and being blessed. The Lord has blessed me and has given me peace. He has helped me in his teachings and brought me more close to the Lord.

- LAURA

God grant me the serenity to except the things
I cannot change the courage to change the things
I can and the wisdom to know the difference amen
and thank you lord for loving me like you do
standing by my side forgiving me of my sins

- PAMELA

#### **Living Stress-Free**

tress is commonly acknowledged as one of the main causes of aging as well as countless diseases. Everyone wants to live a peaceful life, free of chaos and dramatics, but with external factors such as school, work, and home-life, we don't always get what we'd hoped for or pictured. Stress comes on without warning and we typically can't control how our brains and bodies react to various situations that are less-than-ideal. What we can do, however, to mitigate stress and its harmful effects, is willingly remove ourselves from situations that bring about stress. This can be avoiding activities that we know are harmful or recognizing that the environment that we're currently in isn't good for our physical and mental wellbeing and actively take steps to better our positions. We can work towards eliminating the elements in our lives that bring about tension and develop a plan on how to do so. We can incorporate meditation, deep breaths, and most importantly, prayer to the Most High to smooth any road bumps we find ourselves facing. Regardless of how you choose to go about living stress-free, you owe it to yourself to at least make an attempt at bringing about inner peace. No one deserves to wake up with worry and fear every morning and go to bed with depression and uncertainty. You are worthy of a life that is relaxing and peaceful; not to say that you will never face any hardships in this life. We were all put on this Earth to overcome and prove ourselves worthy of sharing Heaven with the Lord, however, proving ourselves worthy doesn't have to be torturous. We can show God we are worthy by following His Word and living everyday as though it is our last- stress and suffering not needed.

-JANE FARMER

### PRAISE PRAISE PRAISE PRAISE PSALM 100

- 1. Make a joyful noise to the Lord, all the earth.
- 2. Serve the Lord with gladness! Come into his presence with singing!
- 3. Know that the Lord he is God! It is he who made us, and we are his; we are his people, and the sheep of his pasture.
- 4. Enter his gates with Thanksgiving, and his courts with praise. Give thanks to him; bless his name.
- 5. For the Lord is Good; his steadfast love endures forever, and his faithfulness to all generations.

We all face situations that seems like it's no way out, or it's so dark you can't see anything, You might feel like you're all alone. But you are not alone. God is still with you. If you want to make the enemy MAD!!!! Start PRAISING GOD!!!! Stand on the word, start thanking Him for the VICTORY, in Advance. The victory is in your PRAISE!!!!

- RODNEY WISE



#### Miracle Cosmic Stan's Poetic Gift

Miracle Cosmic Stan with the poetic gift, Cause when you add music to this, It turns into a hip-hop mix, That's lyrically explosive, Authentic lyrical poetry so real, Like papoose no longer drinks Remy, And switch to that hit. Called Clarissa Shields, Now me and Pap is in the place, And most 2025 rappers, Know me and Pap by our faces, Rocking the gold Jordan's, With the black laces. Now that y'all know Stanley, Why don't y'all show me? All the props that y'all owe me, Cause my poetry, Is more hotter than fire, Poetically cooking Mc's and poets, End their careers with quickness, I'm from Brooklyn, But in Manhattan I'm all business, Now y'all see, Fall back let me finish, For this I charge a fee, Not like popeyes spinach.

WRITTEN BY
-STANLEY, "COSMIC STAN"



When golden sunbeams kiss the shore, And waves dance joyfully, evermore, The beach awakens, a vibrant scene, Where children's laughter and seagulls gleam.

Footprints trace where sand meets tide, A tapestry of memories, side by side. Bright umbrellas bloom, like flowers in the sun, While friends gather 'round, their hearts all spun.

The salty breeze whispers secrets sweet, As lovers walk hand in hand, their hearts a beat. Tanned faces glow under skies so blue, Each moment a treasure, each memory new.

Ice cream drips from a cone in hand, A symphony of flavors, so perfectly planned. Kites soar high, sketching dreams in the air, A mosaic of joy that we all can share.

As sunlight fades to a dusky hue, The horizon blushes in vibrant blue. With bonfires crackling and stars that gleam, In summertime's warmth, we live the dream.

Here at the beach, where the world feels right, We dance with the tide in the soft twilight.

-BY STEVEN CONTI, A.K.A. STRYKER





E aster is the dawning of hope and the promise of resurrection and new life., Today. I celebrate the victory of divine love, new life, and the resilience of my overcoming nature. Everything is made new through the dynamic power and glory of the power within me.

- REGINALD G.



spectacular
we all shine drink wine
Everything fine
suddenly things are better like the weather
hands up for those who oppose don't be
a nose
Case closed
i got myself intact stay on track
i will never fail i will never lose And we all
can be better beings

-IZZY