## **Seraph's Prayer**

I pray to my God who is all forgiving and merciful.

You are my Light as I am wandering around in the Darkness, or blinded.

I am Thy loyal servant and have been created in Your Own image.

I ask Thee to guide me in mind, body and spirit as I travel down the Temple Path Thou hath given me. Grant me the foresight to avoid obstacles on my path diligently and accordingly to Thy Divine plan. See to it that I treat those around me the way I would like to be treated.

While steering away those who deviate from Thy Heavenly plan that could lead us away from our Salvation

If those around me don't treat me the way we would like to be treated may my God rain fire into their hearts so they may learn how to respect another soul.

Spare me of their ignorance that sentences them to Hellfire for polluting Thy chosen children's ears trying to be wolves amongst Your shepherded sheep.

Remind me to remain steadfast and humble so humility can only be taught to me by my God alone. And, any person or entity standing in the way on my Temple Path as an enemy of my God and oppose the will of my God shall be cast into the dark abyss to suffer in their own eternity. Bless me with Your fiery passion accordingly so that Thy will be done, and that I may continue serving you worthy and righteous by the means You see fit.

In the name of my God whose name is Life, because Death determines who gets to live and who burns in Gehenna.

Health.

-SERAPHIEL



#### **Learning to Love Ourselves**

- "What we want most is to feel good about ourselves"
- "Well love you until you can learn to love yourself"

These words, these words, heard so often in our Meetings, promises a day we all want this elusive Ouality as soon as we hear about it.

Some of us seen

To stumble upon it accidentally, while others embark

On a course of action complete with affirmations made

To our reflections in the mirror.

Fix but fix it yourself techniques
And trendy psychological cures can only

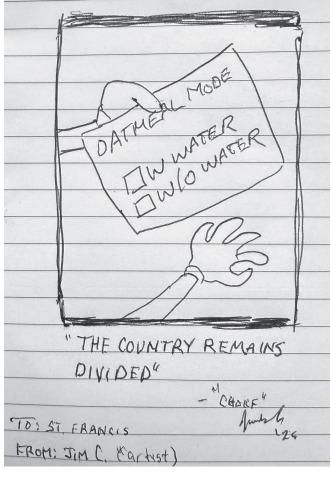
take us so far.

Just for today I will do something today that helps me

**Recognize and love for myself.** 

- DERRICK BROWN & LOLA





Cartoon by Jim C.



St. Francis Breadline
Franciscan Bread for the Poor
COMMUNITY NEWSLETTER

**V5 N17 = APRIL 2025** 

If you have any content to share for our newsletter please see one of the breadline staff. We are in need of content such as a poem, lyrics, writing, thoughts, questions, image of your artwork or anything uplifting or informative.

Anyone who contributes content for our newsletter will receive a \$10 gift card.

The St. Francis Breadline and this publication is made possible by the Our Lady of Guadalupe.

## FRANCISCAN 360 IS OPEN!

WHAT: Case Management, Computer Access, Mailing Address, Health Clinic

WHERE: 144 W. 32nd Street

WHEN: Monday - Thursday, 9am - 4pm Scheduled appointments only on Friday from 9am - 4pm

WHO: All are welcome!

**NEW:** Art and Guitar classes, Work space available Tuesday 9am - 11am **Good Morning!** Today we have writing from Jane Farmer, poetry from Seraphiel, Stanley "Cosmic Stan" Johnson, a murder mystery from James D., writing from Donald Lee, poetry from Gregory Spears and Rodney Wise, writing from Derrick Lola, artwork from Khari and Jim C.

#### PSALMS 36:5-7

Your love, LORD, reaches to the heavens, your faithfulness to the skies. Your righteousness is like the highest mountains, your justice like the great deep. You, LORD, preserve both people and animals. How priceless is your unfailing love, O God! People take refuge in the shadow of your wings.

Be the first person to correctly answer all three trivia questions and win a gift card.

What was the name of the crime boss who was head of the feared Chicago Outfit?

Which powerful Mongol ruler conquered a vast empire stretching from Asia to Europe?

Which of the following sauces is NOT traditionally vegan: hoisin, Worcestershire, mustard, or wasabi?

#### Answers to last weeks trivia questions

Which day of Holy Week is to honor the Last Supper? Answer: Maundy Thursday (also known as Holy Thursday) commemorates the Last Supper, where Christ lays out the model for the Eucharist or Holy Communion.

Easter Sunday is also called what? Answer: Resurrection Sunday

Each year, Easter is recognized on the first Sunday after what? Answer: Easter is observed on the first Sunday following the first full moon after the spring equinox, which is the first day of spring.

## THE GREATEST LOVE OF ALL

There was a very popular mega hit song in 1992 by Whitney Houston called "The greatest love of all". A lot of people didn't know it was written by country singer Dolly Parton, way back in 1973. But, I don't know who Whitney was singing this song about? But, nothing can compare to the love that God has for you. God the Heavenly Father loves us so much that he sent his only begotten Son named Jesus down to this earth be born of a virgin , grown-up and to "DIE" for this dying and wicked generation to pay the price for our sins with his precious blood. He took the place for our sins. There is no greater love than the love of God. May he be found today

- RODNEY WISE

## Retrospective

You don't know what you don't know and it's always eye-opening to reminisce on lived experiences with a newfound sense of knowledge and wisdom. We live each day on this Earth acquiring both the physical and the spiritual tools required to rejoin our Lord and Savior in the Kingdom of Heaven. With every mistake we make, there is a valuable lesson to be learned; no human error is too insignificant to not provide individual growth. The growth in question, however, is only possible when we take a moment to pause and review our actions; their impact on ourselves and others as well as whether or not they're in accordance with the Word of God. As we live and we learn and become more conscious and stronger people, we might look back at our past actions and judge ourselves. It's interesting to ponder memories, whether more recent or long since passed, and think of what we should've or could've done differently. Though it is easy to beat yourself up over faults and decisions made that cannot be undone, it is more productive to acknowledge your previous misdeeds and appreciate how far you've since come; appreciate that you now possess the awareness and maturity to criticize your own behavior and deeds as well as the foresight to be able to recall and reflect on past events and use those experiences to influence and improve on your doings moving forward. The truth of the matter is: there is no need to conjure up any negative emotions over the past as it cannot be changed; but, rather, look to the past to dictate our present, influence our future, and advance ourselves into newer, more intelligent, and more Godly individuals.

- JANE FARMER



Painting by Khari

You Are My Sister The poetry that Miracle Stan delivers, Always gets better and better, Making very small smile get bigger, Whether you call me miracle Stan, Or "The Jazzy Poetry Kicker", You are still my sister, My sister wit strength and pride, With family love on your side, Another masterpiece of my poetry, For you has arrived, Not only is it a poem, It's also a song deep down inside, It's called "you are my sister", Cause when you're happy, I feel joy, Whether in this world, You birth a baby girl or boy, "You are my sister", So prettier than a dove, Cause you and your kids, Were made from "Love", Always remember I'm your poetic brother, Putting love in the poetry I deliver, And long as you live "you are my sister"

- STANLEY MIRACLE STAN

ene

In God we trust should
Not have been put on currency.
Money is the root of all evil
Someone made one of the
Biggest judgements since thee
Beginning of time. One more
Misunderstood judgement.
Houses of worship being
Charged currency for electric, gas,
Water etc. for what.
These communities are at the
Mercy of these houses of worship,
Amen,
God Bless Us All.

- DONALD LEE

(Ine)

### The Case of the Soft Drink Stand

You are examining the body of Tim Simms Who ran the Soft Drink Concession at the County fair. The blood encrusted wound over His left temple shoes the cause of death. But a Search of the area has not revealed the weapon. Two men stand nearby, Phillip Mason general Manager of the fair, and Jim Jenkins the worker Who discovered the body. It was around midnight, Jenkins says most of the people were gone for The night. I was walking near Phil's place here, And I saw some guy bent over the body on the Ground. Did you get a good look at the man? You ask. It was too dark, and when I started walking towards Him, he took off in a hurry. Then I realized it was Tim who was dead. So, I ran to Phil's office and told Him what happened. Poor old Tim, Phillip Mason says, I'd been talking to him about an hour earlier. He told Me he had a good nights business – over \$300, it's Gone by the way. It was quite a shock when Jenkins Tore into my office, when the new that Tim had been Slugged over the head with one of his own empty Soda bottles. Well here another shocker for you, I'm Taking Jenkins to headquarters for this Murder.

Why do you suspect Jenkins? Ans: Although you could not find a weapon at the Scene if the crime, Jenkins showed his possible Guilt, when he ran into Mason's office, with the News that Tim had been slugged over the head.

- JAMES D.

# If I fell for you



If I fell for you
Would you catch me
Or let me fall
And you just let me
Hit the ground
Be broken hearted
And forget the love
We could've started



- GREGORY SPEARS