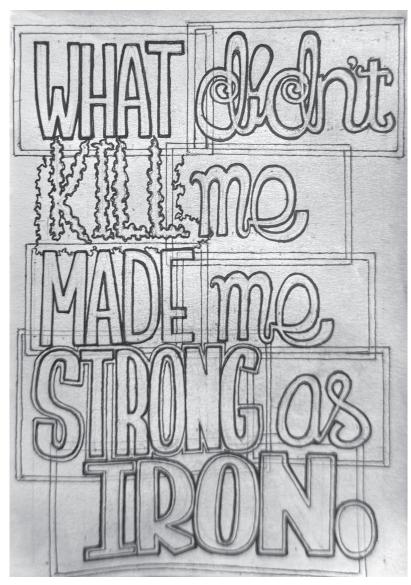
Obstacles don't have to stop you. If you are running into a wall don't turn around and give up figure out how to climb it, go through it, or work around it. After every storm the sun will smile. For every problem there is a solution, and the souls indefensible duty is to be good cheer be who you are and say what you feel because those who mind don't matter and those that matter don't mind I have learned not so much by the position that one has reached in life as by the obstacles which he has to overcome while trying to succeed. And I am succeed.

Addiction changes you.

Recovery makes you.

Wiser and stronger you will love deeper and work harder. You will smile at the little things and laugh at the chaos life brings. Now you can say that you are a SURVIVOR

~DERRICK LOLA



(3/10/25) MON, MAR 10TH '25



TO: ST FRANCIS BREADLENE FROM: JIM C. Contistei)

Comic by Jim C.

RESILENCE THROUGH IT ALL BOOK COMING 2025 20 years of Mental anguish due to older rother of 15 years marring my ex-wife with two sons and then, they had a kid togethe "A good read about how a US (12 E Combat) 11 "Men too Deal with Meet the first wave of people who lifted me up when I was down Praised God Contact Info: Kingpickr 646-737-8162

Flyer from King Pickney



St. Francis Breadline Franciscan Bread for the Poor **COMMUNITY NEWSLETTER**

V5 N15 APRIL 2025

If you have any content to share for our newsletter please see one of the breadline staff. We are in need of content such as a poem, lyrics, writing, thoughts, questions, image of your artwork or anything uplifting or informative. Anyone who contributes content for our newsletter will receive a \$10 gift card.

The St. Francis Breadline and this publication is made possible by the Our Lady of Guadalupe.

FRANCISCAN 360 IS OPEN!

WHAT: Case Management, **Computer Access, Mailing** Address, Health Clinic

WHERE: 144 W. 32nd Street

WHEN: Monday - Thursday, 9am - 4pm **Scheduled appointments** only on Friday from 9am - 4pm

WHO: All are welcome!

NEW: Art and Guitar classes. Work space available Tuesday 9am - 11am

Good Morning! Today we have poetry from CFS, writing from Cora Shaw, poetry from Stryker, poetry from Stryker, writing from Jane Farmer, writing from Derrick Lola, painting from Khari, a message from King Pickney., comics from Jim C., and drawings from Montez B.

Be the first person to correctly answer all three trivia guestions and win a gift card.

M&M'S Fruit Chews would eventually become what popular candy?

According to Guinness World Records, what's the best-selling book of all time?

What is the only food that can never go bad?

Answers to last weeks trivia questions

What 1992 sports movie starred Emilio Estevez, was produced entirely in Minnesota, and followed a team of ragtag young Minneapolis athletes? Answer: The Mighty Ducks

An "inning" is one of nine periods of play in the sport of baseball (or seven periods of play in softball). An "innings"--with an s--is a period of play in what other sport? In some versions of this sport, a game consists of four innings over several days. Answer: Cricket

The home stadium for the Pittsburgh Steelers, as well as the collegiate Pittsburgh Panthers, located on Art Rooney Avenue, is named after what food processing conglomerate with regional origins? Named after founder Henry, they are known for their many varieties of food products. Answer: Heinz Field

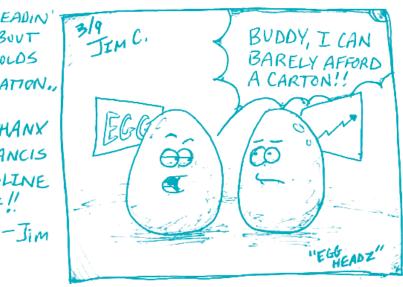
BEEN READIN' LOTZ ABOUT BIRD COLDS 3 INFLATION .,

MANY THANX ST FRANCIS BREADLINE STAFF!

Comic by Jim C.

Drawing by Montez

In the same way, you who are younger, submit vourselves to vour elders. All of vou, clothe vourselves with humility toward one another. because. "God opposes the proud but shows favor to the humble."



1 PETER 5:5

Life is not without opportunity for our being purposeful in exploring our future. Life's purpose is not without reason of discovering oneself also it's direction, while ones pursuits pertaining their DESTINY is meaningful. One may discover who you are in spite of life's challenges and sometimes through your circumstances, while certain qualities, skills or abilities you develop or possess prepares life's journey to your advantage especially when adapting and adjusting ones attitude, clear perception, (thought process) concerning such life's direction, with Goal Oriented purposes for advancement, and successful outcome, where you are going and what dreams you are fulfilling. You are as you think, from within it is you're (product of your own thinking) so being careful is it for producing cause and effect concerning matters of the heart, resulting healthy beginnings and endings concerning your circumstances as reaching within to discover your potentiality for greatness and certain resources for building and strengthening in spite of any adverse circumstance, stay focused. The world is full of opportunities, so is life choices. Remember, choices have consequences. Choose as you like to experience its results. Choosing wisely is of course good preference. Moving forth into new horizons is new beginnings and greater dimensions for birthing CHANGE, it's time for seasons of greater discoveries and our lives to experience change. It is spiritual Law and Promise, 'BEHOLD, I WILL DO A NEW THING'. There it is as you have confidence it can happen through your faith and it's Seasons are approaching greater discoveries/accomplishments.

~CORA SHAW



It's important to select your associates very carefully. Who you surround yourself with is who you become. You will slowly, but surely, begin to pick up the traits of those you are around most often, especially the traits of those closest to you. You have to decide early on who you want to be in this world and what legacy you want to leave behind once you're gone; what do you want to be remembered for and what do you want to accomplish, not for others, but for yourself. We can't micromanage every event that occurs in our lives or always predict what God has in store for us, but we can definitely mitigate potentially undesirable outcomes by being smart about our actions and ensuring that the people within our inner circles are also living a lifestyle that adheres to basic morals and values. Other than God, nobody is perfect. We all make mistakes and it's necessary to give grace to others when they inevitable mess up every now and then, just as we'd like grace to be shown to us when our own flaws are exposed, but there are limits to what you should tolerate in your day-to-day life and you have to be considerate as to what those limits are. Never jeopardize your own well-being for others; sometimes you have to let people, even loved ones, experience the consequences of their actions on their own and allow them to find their own way. Sacrificing yourself for other people who choose to engage in nefarious activities serves no other purpose than dragging you down to the level they chose to linger on. While we all ought to practice forgiveness, as God commands us to, it's important to note that one can forgive another while still keeping a reasonable distance from them so as not to implicate yourself in their activities. Choose your crowd wisely and never allow yourself or your legacy to be reduced to another person's actions.

~JANE FARMER



If we traded minds and hearts If we gave each other What we really thought I'd feel no different than you

Whatever life we lived before It's as if we returned To love some more Heaven can wait We left our passes at the gates To take charge of another mind To relive love We left behind

To share just to share To care just to care To shake when you kiss me there My prayer

One more time is all we may need To go together and finally be Free

 $\sim CES$



Painting by Joey

Choosing Your Crowd

In the heart of spring where sunshine gleams, Nature awakens with vibrant dreams. The sky, a canvas of azure so bright, Welcomes the warmth, a sheer delight.

Beneath the boughs where the blossoms sway, Laughter and joy fill the warmth of the day. With a picnic spread on the emerald grass, Gourmet treasures from a world of class.

Crusty bread baked with love in the air, Melting cheese draped with fresh herbs laid bare. Fruits glisten like jewels, ripe Vesuvius red, Drenched in sunlight, their sweetness widespread.

Golden honey drizzled, a touch of divine, Pairing with scones, a match so sublime. Cool lemonade fizzing, bright, thirst-quenching cheer, Each sip a reminder that summer is near.

As birds serenade with their melodic calls, And soft breezes dance through the trees' leafy halls, We savor each moment, each flavor, each hue, In good food and good weather, life starts anew.

So raise up a glass to the warmth in our hearts, To feasts shared with friends, where love never departs. For in every bite, under sky's open dome, We find joy in the flavors that bring us back home. By Steven Conti

~A.K.A. STRYKER