#### THE NAMES OF JESUS

You know when we think about our Lord and Savior JESUS Christ, his name alone carries a lot of weight. Meaning it shows how powerful he really is. Here are a few of the names that shows our Lord and Savior and who HE really is.

Jesus: "God saves" in Hebrew. It's derived from the word "Yesha".

Christ: "The anointed one".

**Son of God:** Jesus Devine nature with the Heavenly Father.

**Son of Man:** Jesus used this title for himself, referring his humanity and authority as the Messiah.

**Lamb of God:** This title used by John the Baptist, symbolizing Jesus sacrificial death for the sin of humanity.

**Lord:** This title in the Bible signifies Jesus authority and power as God.

Emmanuel: Meaning "God with us".

I AM: In John 8:58 Jesus famously stated "before Abraham was I AM". Which is understood as a declaration of Devine identity with the Father.

**Alpha and Omega:** God and Jesus call themselves the "Alpha and the Omega".the first and the last of the Greek alphabet, signifying them as the beginning and the end of all things.

Light of the world: symbolizing his role as a source and guide of Hope.

**Good Shepard:** Because he cares and protects his followers, just as a sheep herder protects his livestock's.

Bread of Life: symbolizing his ability to nourish and sustain the believers spiritually.

~RODNEY WISE

#### LIVING IN A NEW LOCATION

WHAT WOULD YOU DO TO KNOW YOU #NEIGHBOR

WOULD YOU INVITE THEM TO MEET OR WILL YOU LEAVE IT ALONE TO FIND OUT ON YOUR OWN WAY?WELL SINCE I'M A PRIVATE / WILL LEAVE IT TO CHANCI OF MEET AND GREET\* SOME ARE NICER THAN OTHER'S BUT I AM 80 EABILY TO OET ALONE WITH IT WOULD NOT REALLY BE A BIG DEAL OF A DAY, I LOVE THE LOOKING FOR THE #HOME JUST TO SAY THANK NEOHOVA NAME TO YES I WILL TAKE IT. KEEP IT ON MOVING, TO LOOK AROUND TO UNDERSTAND THE MEANINGS OF THE HOME THESE THE THINGS IN WAIT FOR LET'S START THE LOOKING FOR MY BRAND NEW HOME YES THE GARDEN THE MOST BEAUTIFUL THING I EVER SET A GOOD EYE FOR WITH THE TIME OF WAITING. THE #EVERGREEN THIS IS THE MOST BEAUTIFUL GREEN GRASS THAT YOU EVER SET A EYE FOR.

~ WENDA LEE SHELTONMENDES!



When you believe in change
you can do better
Its time to write your friend a
new love letter
Settle down and explore the
world

There are endless possibilities ~MICHELLE





# St. Francis Breadline Franciscan Bread for the Poor COMMUNITY NEWSLETTER

**V5 N13 MARCH 2025** 

If you have any content to share for our newsletter please see one of the breadline staff. We are in need of content such as a poem, lyrics, writing, thoughts, questions, image of your artwork or anything uplifting or informative.

Anyone who contributes content for our newsletter will receive a \$10 gift card.

The St. Francis Breadline and this publication is made possible by the Our Lady of Guadalupe.

#### FRANCISCAN 360 IS OPEN!

**WHAT:** Case Management, Computer Access, Mailing Address, Health Clinic

WHERE: 144 W. 32nd Street

WHEN: Monday - Thursday, 9am - 4pm Scheduled appointments only on Friday from 9am - 4pm

WHO: All are welcome!

**NEW:** Art and Guitar classes, Work space available Tuesday 9am - 11am **Good Morning!** This week we have writing from Michelle, Cora Shaw, Rodney Wise, Kevin F., and Honesty, poetry from Khari, and Steven C., artwork from Michelle and Jim C.

Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with that person, and they with me.

~REVELATION 3:20

### Be the first person to correctly answer all three trivia questions and win a gift card.

They play home games a couple miles south of Pat's and Geno's. Fill in the blank of their NFL fight song, "Fly \_\_\_\_\_ Fly, On the Road to Victory."

A 120-foot-tall, 68,000-pound baseball bat stands outside the museum of what famous Kentucky sporting equipment brand?

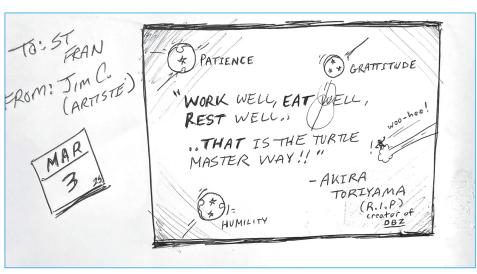
What legendary 21st century NFL quarterback, winning Superbowls for the Colts and the Broncos, returned to TVs in a new role in 2021, hosting NBC's "College Bowl" alongside his brother Cooper?

#### Answers to last weeks trivia questions.

In January 2019, Nike announced that it would become the "exclusive provider of ... on-field uniforms" beginning with the 2020 season for what major American sports league? Answer: MLB

The Presidential Physical Fitness test (active in the United States from 1966 to 2018) consisted of six exercises: curl-ups, pull-ups, shuttle run, one-mile run, sit-and-reach, and what exercise that draws on the pectoral muscles? Answer: Push-ups

The Avalanche and Lightning are professional sports teams that play what sport in the United States? These teams play in a league considered the best in the world for its sport. Answer: Hockey



Drawing by Jim C.



#### **Life and Change**

There once was a hurdle and I jumped over the hill No more looking back. Today is a new day. No more drugs. The way to get through is being sober. A clear conscience. Drinking water, eating good fruits.

Sobriety

Yesterday I tried, Today I got through,

Tomorrow is a new day for a new night

There is three- hundred and sixty- five days in a year,

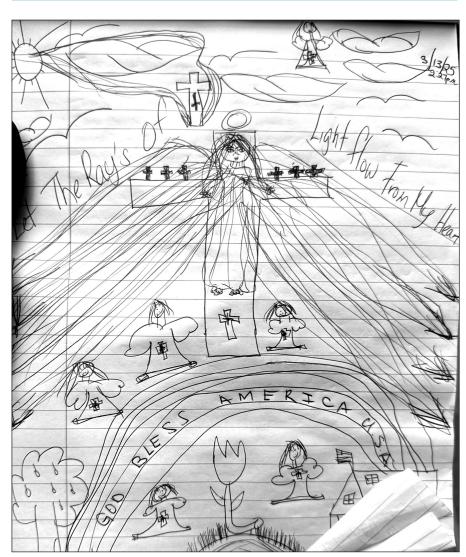
You can all get through it Motivation is the key

Get up and thank yourself for a new day

HAPPY SAINT PATRICKS DAY!

~MICHELLE





**Drawing by Michelle** 

In nature's realm, where wonders thrive,
Majestic mountains stand alive,
Whispering winds through ancient trees,
A symphony of rustling leaves.

Sunrise paints the sky in gold, As secrets of the earth unfold, Rivers carve their timeless path, Mirroring the dawn's warm bath.

Meadows bloom in vibrant grace, Each petal tells of time and space, The gentle hum of bees at play, Sweet nectar calls, the flowers sway.

Stars emerge when day is done, A canvas lit by moon and sun, In every stream and starlit night, Nature's pulse beats ever bright.

With each moment, life renews,
In every shade of greens and blues,
Let's cherish this world, wild and free,
A gift of beauty, for you and me.

~ STEVEN C.



Step in my shoes
Just for a while
Feel the weight
Behind my smile
The silent battles, the tears i hide
The endless pain i keep inside

The nights are long, the days are tough,
Yet i pretend im strong enough
The words unspoken, the scars unseen
A fragile heart where i have been

If you could see
Through my disguise
You'd know the
Truth behind my eyes
So walk my path
And you will find
The struggles buried, in my mind

~KHARI



#### **QUEEN MAJESTY**

Leading Lady, lovely one whose pridefulness is excellent above many. Diadems and precious Gems with Holy Spirit is her covering, gifted one, within treasure s of gold and silver she possess es splendor. She's as Queen of Ophir, virtuous with inner strength, strong and confident, with wit, she succeeds life challenges. She creates A world inside her of family friends and business for reasons of intimacy, respect and closeness, not division. She's crowned with honor and Glory, who can compare to her wisdom and heart of integrity her life's story. She reigns with heights of awareness through wisdom, extends her hands helping and healing many. From the womb she's born to win, birthing dreams with fortitude strengthening, consoling and guiding her nation from within, leading purposes of destiny through Her mind and life is devoted humanitarian servitude leading forth others out captivity and developing change for better. She's soulful, it's on, her spirit ignites with positive energies. She survived against the Odds, when life's test, or adversity encounters she's strong and lively, such a survivor. What a manner of woman her strength and smiles portray, lifting minds from depravity, lives from captivity far and near. She's LIBERATOR, Chosen ONE, Beauty Majesty, Respect and Praise her at her gates, it's gold.

~CORA SHAW

## Changes

You live and you learn in this life. You go out into the world, you gain new experiences, and you take those experiences to grow into a new person. What you believed and who you were five years ago might not reflect your beliefs and who you are today. Oftentimes these changes are gradual and unnoticeable, but ever so often we're well aware of the period of spiritual and personal growth that we're currently in. It's a weird feeling to find yourself changing, rapidly, before your very eyes. You're unsure of who you'll be and where you'll end up at the end of the journey. It can be confusing; reevaluating everything you thought you knew and everything you previously believed you stood for, especially when you were so polarized on one side of the aisle and now find yourself gearing towards the middle, or perhaps, the opposite side entirely. When you were one person for so long, for many years, and are now shifting into a newer, unknown version of yourself, you can begin to question who you are, your purpose, and whether or not you're on the right path. Were you on the right path before; are you headed toward the right path now and how can you be certain of either? As humans, we are not meant to be perfect. We are not meant to be 100% certain of anything. We are meant to follow God's word to the best of our ability and work, on a daily basis, to live a lifestyle that brings us closer to Him. The only thing we can be sure of in this life is that God's love for us is consistent and never-ending and that no matter what maze of unpredictability we might find ourselves trapped in on this Earth, we are able to reach the endpoint with God's guidance and by following His word. Whatever period of change, growth, and indecision we find ourselves in, we are able to relax knowing that it is a part of the process of being human and bettering ourselves to rejoin our Savior in the Kingdom of Heaven.

~JANE FARMER, MARCH 18, 2025



#### **March Madness**

One of my favorite times of the year March Madness! **College basketball** premier time of the year! Tournament time! All across the nation 68 college teams who have been selected to challenge each other for the championship will complete for the trophy! This is especially special St. John's is one of the top tier teams competing for trophy! New Yorkers are filled with joy and are rooting heavy for the Red Storm! During the present time in NYC tension is abound but now is a time to bring cheer and joy to this city. Cheer on and root for the Red Storm enjoy atmosphere that will be present. During this period remove oneself from chaos and negativity! Watch the games. Enjoy!

~KEVIN F.

