### Thankfulness

As we head into the final weeks of 2024 and prepare to enter a new year, we ought to utilize this time as a period of reflection, mindfulness, and gratitude. For all of the challenges we confronted during the year and will come up against these remaining weeks, we are all still here, preparing to celebrate Thanksgiving Day, and are rapidly encroaching on a new year, a new set of challenges to conquer, and a new adventure to embark on. Giving thought to the effects this past year has had on myself and how far I've come since it started, I look back with pride at all that I've accomplished this year and how far I have come. Though some days, I do feel inadequate as I in no way achieved everything I set out to do this year, I realize that life must be taken one day at-a-time, rather than pushing myself to complete a lifetime's worth of achievements in a single year. This year, I wound up in the greatest city in the world, a place that I have been dreaming of coming to since I was a child and though things have not gone exactly as planned this year, to say the least, I am thankful to be here and am grateful for all of the friends I have made this year. I have learned a lot about myself, my beliefs, what I am capable of, and where I want to be. I have a new set of goals and adventures that I plan on embarking on, which I hadn't discovered until this year. I give thanks to God for the experiences that He sent my way this year as they all, both good and bad, have shaped me into a new person that wouldn't recognize who I was a year ago. I am thankful for all of the personal growth and self discovery that God sent my way and look forward to what He has in store for me next as I know there is no other place for me to go but up. I encourage everyone in this community to reflect, like I have, show thanks to each other and God for making it another year, despite any challenges thrown our way, and always give praise to the most High, our Lord and Savior, Jesus Christ.

Happy Thanksgiving!

~Jane Farmer, November 13, 2024



### STARTING OVER

Sometimes in life, as we go through our personal trials and tribulations we have to make a personal decision about where we just came from, and where are we right now. Introspection on oneself very important if we want to go further in life. No matter what age you are, "starting over" is not a bad idea. Reevaluating friendships, and the people who we surround ourselves with has a lot to do with how far we would like to succeed. Getting rid of toxic relationships is essential when it comes having a new beginning. So, today if you are thinking about "starting over" whether it's a career change or breaking bad habits or just getting your life together. It's a GOOD thing.

~Rodney Wise



**Thanks Giving by Dominic** 



St. Francis Breadline
Franciscan Bread for the Poor
COMMUNITY NEWSLETTER

**V4 N48 NOVEMBER 2024** 

If you have any content to share for our newsletter please see one of the breadline staff. We are in need of content such as a poem, lyrics, writing, thoughts, questions, image of your artwork or anything uplifting or informative. Anyone who contributes content for our newsletter will receive a \$10 gift card.

The St. Francis Breadline and this publication is made possible by the Our Lady of Guadalupe.

# FRANCISCAN 360 IS OPEN!

WHAT: Case Management, Computer Access, Mailing Address, Health Clinic

WHERE: 144 W. 32nd Street

WHEN: Monday - Thursday,

9am - 4pm

Scheduled appointments only on Friday from 9am - 4pm

WHO: All are welcome!

**NEW:** Art and Guitar classes, Work space available Tuesday 9am -11am

Good Morning! Happy Thanksgiving to you all! I encourage you all, if possible, to reunite with friends and family, forgive and praise God for giving us this day and for all the blessings in our lives. This issue we have thanksgiving themed entries from Ray, poetry from Gregory Spears, writing from Sister Mary Frances, writing from Cora Shaw, writing from David E., writing from Kevin F., writing From Jane Farmer, writing from Tim F., writing from Rodney Wise, artwork from Dominic and art work from Anders.

#### PSALM 103:1-4

Praise the LORD, my soul; all my inmost being, praise His holy name. Praise the LORD, my soul, and forget not all His benefits — who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion.

# Be the first to correctly answer all three thanksgiving trivia questions to win a gift card.

Which U.S. president was the first to officially pardon a turkey? Which retailer was the first to host a Thanksgiving Day parade? What is an adult male turkey called?

### Answers to last week's sports trivia

Who was the first WNBA scoring champion? They called her the female Mike Jordan. Answer: Cynthia Cooper

What team won the WNBA championship in 2023? Answer: Las Vegas Aces

What player broke Babe Ruth's single season home run record? Answer: Roger Maris

### Thankful for....

For hot coffee and a sandwich on cold sidewalk squares. For 4 walls and a ceiling after sidewalk squares and a train station. For the intensity of a city rife with promise. For the expectation of abundance and prosperity. For relationship and caring without condition. For work worth doing. For the gift of music and the chance to share it.



He (God) wakes me up everyday like clock work he blows his gentle breath over my body that shakes me awake. The firs words that goes out of my mouth are, Thank you Lord, Thank you!

Thank you for the many angels that worship you, by doing your will. The angels I am talking about, are at St. Francis of Assisi. In James 2:12-26 it says "Faith without work is dead. James is arguing that true faith manifests in good deeds not just empty words or beliefs.

I am learning that it's not all about me! In Romans 12:20 if your enemy is hungry feed him, if he is thirsty, give hime something to drink, Jesus was the ultimate example of serving others. Not my will but thy will be done. Luke 22-42 Amen!

#### **Praise Him**

1st Chronicles 16:34 Give Thanks to the Lord, for he is Good; His Love endures forever "As Thanksgiving approaches. I will sit at the table with gratitude and praise! I also want to thank God, for restoring my spiritual relationship with my Lord and savior Jesus Christ. The smell of roasted turkey, turkey stuffing, cranberry sauce, pumpkin and sweet potato pie in the air. I will partake of the blessings thats god has provided for me. I don't have to, worry about food, shelter, clothes etc. Matthew 6:26 which reads, Look at the birds in the air, they do not sow or reap or store away in barns and yet your heavenly father feed them! James 1-17 "Every good and perfect gift is from above, "Psalm 28-7" The Lord is my strength and may shield; my heart trust in him, and he helps me. My heart leaps with joy, and with my song I praise him"

Aman! Aman!

~Ray



Thanksgiving is coming so I'd like everyone to remember what they're thankful for. I may not be wealthy but I'm happy and thankful for all of the great people in my life. Stay positive during the holiday season and remember that it's not how much you have, it's how much you give!



~David E.



Ok, so Thanksgiving is down the block and around the corner and I (IiI' ole me) was asked to write an article about Thanksgiving...so here it goes. What am I Grateful for? Besides life, health, peace of mind, shelter and food, I am most grateful for my enemies. Why am I grateful for my enemies? Well, let's see...they are living proof that beauty may be skin deep but ugly cuts straight to the bone. Also, I get to pray this prayer just for them: "O Lord, through Jesus you said to us: "Blessed are they who suffer persecution for righteousness; forgive your enemies; pray for those who persecute you"; and he himself showed the way by praying for his murderers.

Following his example, dear God, we implore your mercy on those who do not know your divine precepts, the only ones that can ensure peace in this world and in the other.

Like Christ, we say to you,"Forgive them, Father, for they know not what they do." Give us strength to patiently and resignedly bear their mockery, insults, slander and persecutions as trials for our faith and humility. Keep forms any thought of reprisal, for the hour of your justice will sound for all, and we await it by surrendering to your holy will." Don"t get me wrong, when I need to, I will not hesitate to snatch a knot in you...

~Sister Mary Frances



I woke up On the good side of bed I'm Alive So I'm not dead When I wash up And get to dressing I thank God For all the Blessings Because I know It didn't have to be like this When I wake up I feel the glow and the kiss I can only hope And I pray That things are good And go my way

~Gregory Spears



By Anders

## **Thanksgiving**

Time to sit down and enjoy the potatoes, corn on the cob, slice the turkey, watch the pro football games that will be played! Themes repeated every Thanksgiving! Good times festive times! The first Thanksgiving wasn't so festive things between native Indians and the pilgrims were tense. New people in a new land with the other faction defending their land! In present times things are still tense for many. Homelessness, mental health, crime, migration with illegal immigration. Through all that there is so much to be thankful for. Health, our higher power providing hope for the less fortunate, family, and having faith things will get better! Remain thankful for everything afforded you and the downtrodden everyday not just on Thanksgiving!

~Kevin F.





hanksgiving is our season for most intimate reasons of celebrating our Origin of nature, our Creator, Jesus in respect and appreciation for all his love, wisdom, and forgiveness for any human faults/sins for benefiting our lives prosperous and to revolve around his promise, his favor and blessings. He created his word in us for reasons of interacting beautifully with our Sisters and brothers as his compassion extends for loving reason (also for suffering human lives) around the world. Thanksgivings is an opportunity to share love also with family/friends near and far, inside beautiful creative purposes and new beginnings. Sharing closeness and uniting bonds for healthy optimistic reasons having meaningfulness as uplifting one's mind/spiritual being, and keeping in tune ness for relaxation and enjoyment this Thanksgiving and throughout the new year. Thanks to our King whose risen, and grant his blessings, Life, that you might enjoy it to the fullest this holiday.

Be Thankful!!

~Cora Shaw, November 4, 2024

