

If life wasn't with meaning why would you be dreaming. When God made you his creation he planned your destiny inside his infinite wisdom. So fly high as birds in the sky without worry of your past, each day you'll experience struggles you'll last, you'll survive. Look up, keep confidence within It's strength, you'll win. The sky's are blue and the sunshine is beaming through the clouds in the earth where nature is serene. Sometimes when the wind is blowing and the trees are bowing its the order of Divine creation in the demonstration of his power, Majesty. Through seasons of your life with new beginnings each opportunity to dream and explore your future is the meaning to life existence (your destiny being with purpose and fulfillment). Fulfilling dreams and exploring your world for a brighter future is bridges connecting lives for hope in Society and building a stronger walls of protection throughout America, and its economy. I wish above all things that you shall prosper.

~ Cora Shaw

Real  
Exciting  
Courageous  
Overcoming Obstacles  
Valiant  
Enlightening  
Revival  
Your recovery is yours

Sometimes the strongest people are the ones who love beyond all faults cry behind closed doors and fight battles that nobody knows about.

Healing is an art it takes time. It takes practice. It takes love. You never know how strong you are until being strong is the only choice you have

You cannot say no to life, you have to fight back and beat the odds, you gotta take your stand because nothing is stronger than you. Not a single problem of yours.

I am enough, I am smart, I am positivity, I am confident, I attract opportunity, I am kind, I am worthy of good things.

~ Derrick



St. Francis Breadline  
Franciscan Bread for the Poor  
COMMUNITY NEWSLETTER

V4 N39 ■ SEPTEMBER 2024

If you have any content to share for our newsletter please see one of the breadline staff. **We are in need of content such as a poem, lyrics, writing, thoughts, questions, image of your artwork or anything uplifting or informative.** Anyone who contributes content for our newsletter will receive a \$10 gift card.

The St. Francis Breadline and this publication is made possible by the Our Lady of Guadalupe.

### FRANCISCAN 360 IS OPEN!

**WHAT:** Case Management, Computer Access, Mailing Address, Health Clinic

**WHERE:** 144 W. 32nd Street

**WHEN:** Monday - Thursday, 9am - 4pm

**WHO:** All are welcome!

**NEW:** Art and Guitar classes, Work space available Tuesday 9am -11am

Located in the school house directly behind the breadline tables.

**Good Morning!** This week we have an interview and writing from Rodney Wise, a short essay from Kevin F., writing from Jane Farmer, writing from Anthony S., poetry from Gregory Spears, writing from Reginald Gunnell, Derrick, Cora Shaw and Ted Day and artwork from Derrick, Lola and Khari.

**Be the first to correctly answer all three sports questions below to receive a gift card.**

How many basketball players per team can be on the court at once in the NBA?

How many players can a football team have on the field during a game at one time?

Which MLB team has won the most World Series championships?

**Answers to last week's riddles.**

Also the name of an NFL team located about 300 miles from Boston, what is the name of the sports teams of Boston College? Answer: Eagles

Steve Yzerman is a Detroit sports icon in which sport? Answer: hockey

Arguably the second-most popular in the world after soccer, what lucky sport has defensive positions named gully, silly mid-off, and deep mid wicket? Answer: Cricket

Psalms 57:1

*Have mercy on me, my God, have mercy on me, for in you I take refuge. I will take refuge in the shadow of your wings until the disaster has passed.*

### Reflections a Short Essay

Over the years of my life as I advance in age their frame seems to move faster and become shorter!

As a youngster the years seemed so long and much slower! I'm grateful that I've been alive to experience all life has afforded me throughout these years good and bad. Most of all I treasure my family my four daughters and four granddaughters and two great grandchildren! Experiences with them is priceless! The blessings are countless! As I continue to reflect I don't dismiss the bad experiences and cherish the good ones I accept that I was destined to experience all of them because that is what life offers good and bad. Accept and deal!

~ Kevin F



You/re not a bird, but you're still fly, Im gonna write this poem, or at least I'll try, I think you're very pretty, at least looking through my eyes, and your personality, shows me wonders and surprise, I'd like to get to know you, or try the best I can, although you might be taken, and I'm a married man, but still I want to know you, that much I won't deny, I think you're very pretty, and yes you're kinda fly.

~ Gregory Spears



### Commit to Honesty

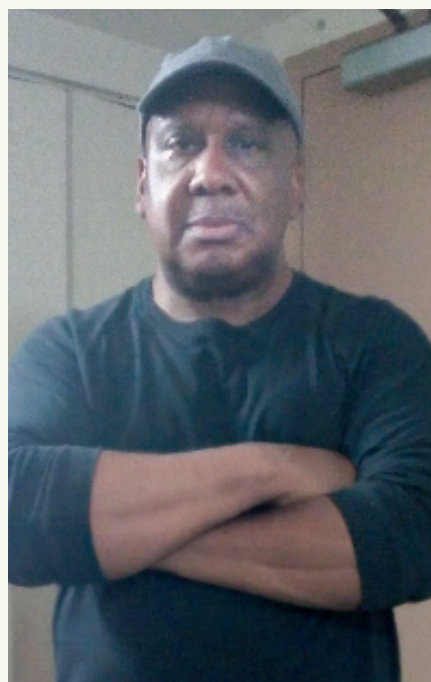
Be authentic with others, even if it might change their perception of us. Rather than speaking to please people, decide in advance to please \*God\*, who tests our hearts. It can be humbling to live an authentic life in Jesus. But as he helps us do so. He'll be honored and others will see the genuineness of our faith.

~ Reginald Gunnell

ANYTHING.. BE A HAND THAT REACHES OUT. BE A SMILE FOR THOSE WHO HAVE NO REASON TO SMILE..BE A LIGHT FOR THOSE WHO LIVE IN THE DARKNESS.. MY HEART IS LIGHT, AMD MY LIFE IS PEACEFUL, STAY POSITIVE THE ONLY WAY TO BE, LORD I PUT EVERYTHING IN YOUR HANDS TODAY, MY FAMILY, MY HEALTH, MY FEARS.MY HOME, AND MY SECURITY, YOU ARE THE ONLY ONE I TRUST WITH ALL I HAVE AND ALL IAM.

~ TED DAY, 9-18-2024

## INTERVIEW WITH Rodney Wise



### Where did you grow up?

I was born in Harlem, but I was raised in Brooklyn.

### Favorite place to be?

I love going to the library also going out to the movies theaters.

### What is your dream job?

I would love to have an online store.

### What did you want to be when you were a kid?

I actually wanted to be in the entertainment industry.

### If you had a superpower, what would it be?

That is a hard one, don't know.

### What would you do if you won the lottery?

I would definitely help organizations that worked with the homeless.

### Biggest lesson you learned in life?

Not paying attention when I was younger, on making certain choices in life.

### What you change about yourself? Nothing.

### Advice for reading this?

Do unto others as you want to be treated. Because you will reap what you sow.



## OOPS! I DID IT AGAIN

As we become believers and we start walking with Christ, God is gonna allow us to make a lot of mistakes. Sometimes we get trapped into "BAD" habits that we know that are not good for us. But, we should learn from making bad choices. Thank God for his "Holy Word" we have a loving Heavenly Father that offers forgiveness (Repentance) when we stray off and do wrong things that are not healthy. "IF WE CONFESS OUR SINS HE IS MERCIFUL TO FORGIVE US AND CLEANSE US FROM ALL UNRIGHTEOUS" 1 John 1:9. So, today don't beat yourself up when you stray off and do things that are not appropriate. Our God is a forgiving God, who is waiting to embrace us again. AMEN.

~ RODNEY WISE

*If I could give you one thing in life, I would give you the ability to see yourself through my eyes, only then would you realize how special you are to me.*

~ Anthony S.

God knows that everyone needs companionship and cheer  
He know that everyone need someone whose thoughts always near

He know they need someone kind to lend a helping hand  
Someone to gladly take the time to care and understand.

God knew that we need someone to share each happy day,  
to be a source of courage when trouble may come our way.

Someone to be true to us. Whether near or far apart.  
Someone whose love will always hold and treasure in our heart

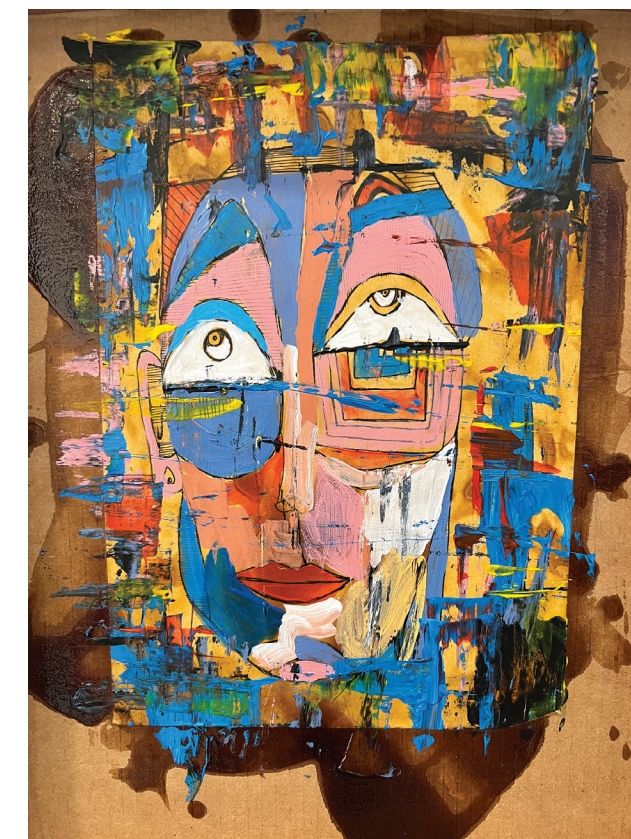
Everyone needs friends!  
That's why God give us friends!

~ Henry Yee, Sept 2024

## Good vs. Evil

It is a hard fact of life that we all must become aware of at some point: the reality and the existence of evil. As children our parents did their best to shield us from the cruelties and harshness of the world and preserve our innocence for as long as possible. As adults taking on the world independently, and especially for those of us on the streets, we are forced to come face-to-face with those among us who have nefarious intentions. It is important to practice discernment in all interactions and be mindful of the company you keep. Oftentimes, it is those that are closest to us who are lurking in the shadows, waiting for the opportunity to do us harm for their own benefit. Never show fear to those among us who have chosen darkness over light, instead, stand up to them and let them know that with the Lord on your side, you cannot be destroyed. While we can never be completely certain who has good or bad intentions for us in this world, we are able to look to the Lord for protection from evil. Psalm 57:1 NIV "Have mercy on me, O God, have mercy, for in You my soul takes refuge. I will take refuge in the shadows of Your wings until the danger has passed."; a simple prayer we all can recite whenever we feel we're in need of an extra layer of safety in this world. Be mindful of who you allow into your life, always stand up for yourself and others, and pray to God for protection in everything that you do.

~ Jane Farmer, September 16, 2024



Painting by Khari



Cartoon by Derrick and Lola